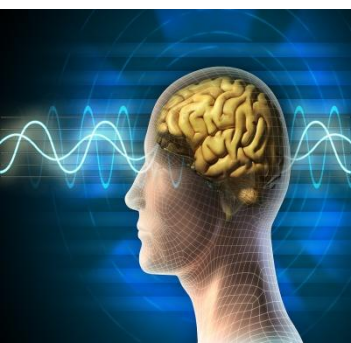


Workplace Health & Wellbeing

focus session

5 May 2015



lecturer

Stelmart Khalil

Workplace Health & Wellbeing

focus session

DATE

5 May 2015

FEE

Free of charge

Participation is free of charge however prior booking is essential and assigned on a first-come first-served basis.

Attendance is limited to a maximum of fifteen persons.

LECTURER

Stelmart Khalil

DURATION

Session will be held from 3.30pm to 5.00pm

VENUE

Malta Employer's Association, 35/1, South Street, Valletta VLT 1100, Malta

For further information / REGISTRATION

Dorianne Azzopardi Cilia

admin@maltaemployers.com

t: (+356) 21 237585, 21 222992

Following the success of the course: Workplace Health & Wellbeing, which was organised between January and March, 2015, the Malta Employers' Association shall be organising a focus group on 5th May 2015 at 3.30pm.

The Focus Group shall be moderated by Ms. Stelmart Khalil, who also delivered the course. The focus group shall be restricted to a maximum number of 15 participants.

During this session, there will be an exchange of views and experiences on issues related to mental wellbeing at the workplace, such as identifying stress factors and dealing with employees who encounter mental health issues. This is a topic which is becoming increasingly important in human resources management.

trainer **PROFILE**

Stelmart Khalil has been involved in the area of mental health and employment for the past 8 years, through her work as Employment Services Coordinator with Richmond Foundation and currently, since 2010, as Coordinator of the Employee Support Programme within the Public Administration HR Office, Office of the Prime Minister. She is responsible for the development of the employee support and wellbeing services across the Public Administration through training and awareness sessions as well through the service delivery at the Unit. She is also involved with a number of private organisations delivering training and support on wellbeing at work.

Academically, she holds a B.Sc. (Hons) in Occupational Therapy and a M.Sc. in Workplace Health and Wellbeing (Nottingham). She is currently a student with the University of Nottingham in the Professional Doctorate in Workplace Health and Wellbeing Programme as well as concluding the final year of a post-graduate diploma in Gestalt Psychotherapy with the Gestalt Therapy Training Institute Malta.

REGISTRATION FORM

Focus Group: Workplace Health & Wellbeing
5 May 2015

SURNAME (Mr/Ms/Dr) _____

FIRST NAME _____

POSITION _____

FIRM/ORGANISATION _____

ADDRESS _____

TEL _____

EMAIL _____

Please note that non-attendance of booked delegates may deny someone on the waiting list for the event the opportunity to attend. Please inform us should you not be able to attend.